

## Activity 1

### **What did you learn in this unit?**

I learnt more about the origin of learner support and theoretical and conceptual frameworks that are used to guide learner support. I have also gained more exposure to past and ongoing research on learner support systems and models. This has made me think more carefully about learner support in a distance education environment as it requires more planning in order to cater for the geographically dispersed learners.

### **How did you learn the material?**

The learning environment is multi dimensional which could lead to one not learning all the necessary material. To avoid omission, I have made it my task to go through each and every page so as to learn all the material and use it effectively.

### **How confident are you about your knowledge of this unit?**

I am not yet fully confident, but I know that with more engagement with the learning materials and my peers my confidence will definitely improve.

### **What was challenging for you in learning the material?**

There are many learning materials that I need to read and use in the discussion forum. It was quite challenging for me to read all the materials, make sense and use them to formulate my ideas.

### **What strategies helped you learn the material?**

I have learnt to go through each and every page of the material, make notes of the main idea that each material presented.

### **What changes will you make in your approaches to studying for the upcoming unit?**

I will allocate more time for engaging with my learning material, read and synthesize it beforehand.